

# JOURNEY IN

## PLACENTA PREPARATION AGREEMENT (323) 963-7929

### Limitations and Disclaimer

Kimberly McGuire and or Journey In LLC Placenta Preparation Specialists (PPS) are not licensed medical professionals and are not able to diagnose, treat or prescribe for any health condition. Services and fees are for the preparation and encapsulation of your placenta, not for the sale of the pills. No specific benefits or effects are promised. Benefits will vary from person to person. Many of the ascribed benefits are well supported by evidence based research; but none have been evaluated or approved by the FDA. It is your responsibility to determine whether using placenta preparations may be of benefit to you. \_\_\_\_\_ (please initial)

### Service Agreement:

Your placenta will be picked up at the place of birth, or from another location of choice, once we have agreed upon a time. Your placenta will be returned to you in completed capsule form and or tincture form, at the location of your choice, in person or by mail. You can expect delivery within 3 - 5 days, (4-5 days for "raw method" pills)

### Service Descriptions Placenta Encapsulation

### Placenta Essence Tincture & Salve

Placenta preparation is the process of preparing the mother's placenta after the birth of her baby by cleaning, dehydrating, powdering and placing it into capsules for the mother to ingest. This has been known to balance mood, lessen bleeding, increase energy, help with breastfeeding and milk supply, strengthen the immune system, and replace blood loss. The capsule count varies from placenta to placenta based on placenta size. Potency is been known to last 1 year or more. Dehydration temperature will be 140 degrees or 115 degrees based on your preference.

**Tincture:** The placenta in tincture creates a medicinal liquid that last indefinitely. Drops are taken orally, or rubbed into the skin, and used by mother or child to support hormonal and emotional needs, stimulate the 'vital force', help in times of distress/imbalance, and gives energy and strength when ill. When stored in a cool dry place, this tincture will benefit even throughout menopause and or menarche for the female baby. A dime sized piece of your placenta will be placed into 100 proof drinking alcohol. The hormones are then suspended into the alcohol, allowing for long-term benefits of mood therapy, even lasting until menopause. This can be a stand-alone service or an add-on to your capsules.

**Salve:** The salve offers the same benefits as the tincture but is for external use only. The salve is made of 100% natural oils and cocoa butter with the placenta hormones suspended and mixed in. Great for skin health, scars, and hormone balancing.

I would like (please check all that apply)

### Placenta Encapsulation \$300

Temperature - Choose one

- 140° (Fastest-but less potent method takes 2-4 days - still offers amazing benefits)  
 115° (Raw method. Slower but most potent. Enzymes are not destroyed making all the goodness more bio available. takes 3-5 days)

### Placenta Essence Tincture

Please include (# of tinctures) \_\_\_\_\_ tincture(s) to my encapsulation order  
(\$50.00 1<sup>st</sup> 4oz tincture, \$25ea additional)  
Or:  I only want tincture essence, without capsules (includes two 4oz tinctures for \$150.00)

### Placenta Essence Salve

Please include (# of salves) \_\_\_\_\_ Salve(s) to my encapsulation order. (\$40 per 4oz jar) Or:  
Please provide salve only without encapsulation order. (includes two 4oz jars \$120.00)

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## Add-ons

Umbilical Cord Keepsake- Baby's cord shaped into a heart and dehydrated.

**Free of charge**

Placenta Print Art- placenta pressed onto 300lb pressed watercolor paper for a beautiful keepsake. (\$20.00)

## Fees and service reserve

A non-refundable deposit of \$100 is required with the signing of this agreement. This holds your space for the month surrounding your Estimated Due Date. We commit to a limited amount of clients per month to prevent over booking. Your commitment allows us to turn other potential clients away in good faith. Thank you. The remaining balance must be paid when the placenta is picked up by Journey In. Please have the full payment ready with your placenta. Full payment in advance is always appreciated.

Checks can be made payable to "

JOURNEY IN, LLC" Please mail check and forms to: 8710 BELFORD AVE., STE # 114B, LOS ANGELES CA 90045.

You may pay electronically through [PayPal using email address](#) [Kimme@MaternallyWise.com](mailto:Kimme@MaternallyWise.com)

Forms may be emailed electronically to [info@journeyin.org](mailto:info@journeyin.org)

## Client Responsibility:

It is the client's responsibility to discuss the release of their placenta with her primary health care provider as well as the facility you will be birthing in. We recommend that you decline any treatment or dissection of your placenta, which your hospital pathology department wants to perform. If you consent to pathology taking your placenta you must request that no chloroform or preserving agent be applied to your placenta. There are times when placentas are lost to pathology. Please bring an ice chest and have your provider fill with ice. It is crucial that your placenta is chilled on ice within 4 hours after birth. DO NOT FREEZE YOUR PLACENTA, IF POSSIBLE. Finally, please notify Journey In as soon as possible to plan for the transfer of your placenta to your placenta preparation specialist. We recommend alerting us when labor has begun and then again when your placenta is born and released by your care provider. Failure to do so may result in delayed placenta preparation/encapsulation and can cause decreased potency of nutrients, hormones and other beneficial attributes of the placenta. Improperly handled placentas are susceptible to spoilage.

## Pick up hours:

Are between 9:00AM and 9:00PM, 7 days a week. Due to the unpredictability of birth, placenta pick up may occur anytime between 9AM and 9PM regardless of the time you notify Journey In that your placenta is ready. However, you are promised pick up within 24 hours after Journey In has been notified that your placenta is born and ready for pick up. For Home-births, the refrigerator is just fine for storage. For all others: Your placenta may be kept at room temperature 4-5 hours following your birth. After that, or as soon as possible, it should be placed on ice or in a refrigerator. If it is going to be 4 or more days before your placenta can be processed, it should be frozen. A frozen placenta may require 1-2 additional days for processing since it must be gently defrosted prior to being dehydrated.

## If you develop an infection:

If an infection becomes evident during labor, Journey In does not recommend consuming your placenta. This can be contradictory to healing the infection within the postpartum mother. This is a matter of your health and

wellbeing. *Signs of infection in the laboring mother include a fever present above 101 degrees Fahrenheit, with or without unusual acute pain*

## False Infection:

Epidural analgesia is a highly effective form of pain relief and a useful intervention in certain circumstances. However, epidurals and spinals also cause unintended side effects in both the mother and baby, and interfere with the natural birth process and bonding between mother & baby. One common side effect is elevated temperature and fever in the birthing mother. This usually occurs after hours of laboring on the epidural. This side effect, if from the epidural, is benign. However, to practice on the side of caution your provider must suspect infection and follow protocol, making your placenta unrenderable and may also put your newborn at risk for separation and testing just after birth.

**Refunds:**

- In the event that a Journey In PPS is unable to process and deliver your placenta due to our error- any fees paid including the deposit will be refunded in full. (This situation has never happened and is highly unlikely. Myself or a Journey In associate will be able to complete your order)
- If you choose to terminate this agreement prior to releasing your placenta a Journey In PPS no further fees are owed. If you have paid in full, you will be refunded, minus the deposit.
- Once your placenta is picked up by a Journey In PPS, there will be no refund and payment in full is due, even if you choose not to take delivery of the finished product(s).

Estimated Due Date: \_\_\_\_\_ Phone: (\_\_\_\_\_) - \_\_\_\_\_

Address where placenta is scheduled to be birthed:

\_\_\_\_\_ City: \_\_\_\_\_ Zip: \_\_\_\_\_

Service order grand total: \$\_\_\_\_\_

*By signing below, I certify that I have read the above statement and agree to the terms stated herein.*

Client Name printed: \_\_\_\_\_ Sign: \_\_\_\_\_

Date: \_\_\_\_\_ / \_\_\_\_\_ /201\_\_\_\_\_

Journey in LLC Placenta Service Provider: Kimberly McGuire